



Group II – Prayers and Slokas

Year 1

Bhagawad Gita – God & Avatar

1. Aham aatmaa Gudaakesha sarva bhootaashaya sthitah
Aham aadish cha madhyam cha bhootanaam anta eva cha
2. Pashya me Paartha roopani shatasho-atha sahasrashah
Naanaa-vidhaani divyaani naanaa-varnaakrutini cha
3. Aham Vaishvaanaro Bhootva Praaninaam deham Aashritah
Praanaapaanasamaayuktah Pachaamyannam Chaturvidham
4. Yadaa yadaa hi dharmasya glaanir bhavati Bhaarata
Abhyutthaanam adharmasya tadaatmaanam srijami aham
5. Paritraanaaya saadhunaam vinaashaaya cha dushkritaam
Dharma-sansthaapana-arthaya sambhavaami yuge yuge

Bhagawad Gita – Bhakti & Karma

6. Purushah sa parah Paartha bhaktyaa labhyas tva ananyayaa
Yasya antahsthaani bhootaani yena sarvam idam tatam
7. Santushtah satatam yogi yata aatma dridha nishchayah
Maya arpita mano buddhir yo mad bhaktah sa mey priyah
8. Sarva-dharmaan parityajya maam-ekam sharanam vraja
Aham tvaam sarva-paapebhyo mokshayishyaami maa shuchah
9. Man-manaa bhava mad-bhakto mad-yaajee maam namaskuru
Maam eva-eshyasi yuktvaivam aatmaanam mat-paraayanah
10. Patram pushpam phalam toyam yo mey bhaktyaa prayachhati
Tad aham bhakti-upahritam ashnaami prayata aatmanah
11. Brahma arpanam brahma havir brahma agnou Brahmana hutam
Brahmaiva tena gantavyam brahma karma samaadhinaa
12. Yat karoshi yad ashnaasi yaj-juhoshi dadaasi yat
Yat tapasyasi Kaunteya tat kurushva mad arpanam



Group II – Prayers and Slokas

Year 2

Bhaja Govindam

1.	Bhaja Govindam Bhaja Govindam Govindam Bhaja Mudhamate Samprapte Sannihite Kaale Nahi Nahi Rakshati Dukrinkarane	2	Balastavat Kreeda Sakthah Tarunastavat Taruneesakthah Vriddhastavat Chintasakthah Parame Brahmani Kopi Na Sakthah
3	Satsangatwe Nissangattwam Nissangatwe Nirmohatwam Nirmohatwe Nishchalatattwam Nishchalatattwe Jeevanmukthih	4	Twayi Mayi Chaanyatraiko Vishnuh Vyartham Kupyasi Mayyasahishnuh Bhava Samachittah Sarvatra Twam Vanchhasyachiradyadi Vishnutwam
5	Pranayaamam Pratyaharam Nityanityavivekavicharam Jaapyasameta Samadhidhanam Kurvavadhanam Mahadavadhanam	6	Kate Kanta Kaste Putrah Samsaroyamateeva Vichitrah Kasya Twam Kah Kutha Ayatah Tattwam Chinthaya Tadiha Bhratah
7	Dinayaaminyow Sayam Pratah Shishiravasantow Punarayatah Kalah Kreedati Gachchtyayuh Tadapi Na Munchathyasavayuh	8	Yogarato Vaa Bhogarato VaaSangarato Vaa Sangaviheenah Yasya Brahmani Ramate Chittam Nandati Nandati Nandatyeva
9	Bhagavadgeeta Kinchidadheeta Gangaajalavakanika Peeta Sakridapi Yena Murarisamarcha Kriyate Tasya Yamena Na Charcha	10	Nalineedalagatha Jalamatitharalam Tadwajjeevitamatishaya Chapalam Viddhi Vyadhabhimanagrastam Lokam Shokahatam Cha Samastham
11	Shatrou Mitre Putre Bandhou Maa Kuru Yatnam Vighrahasandhou Sarvasminnapi Pashyatmanam Sarvatrotsrija Bhedaajnanam	12	Arthamanartham Bhavaya Nityam Naasti Tatah Sukhalesah Sathyam Putradapi Dhanabhajam Bheetih Sarvatraisha Vihita Reetih
13	Punarapi Jananam Punarapi Maranam Punarapi Jananeejathare Shayanam Iha Samsare Bahudustaare Kripayaa paare Paahi Murare	14	Kamam Krodham Lobham Moham Tyaktwatmanam Pashyati Soham Atmajnana Viheenaa Mudaah Te Pachyante Narakanigoodhah
15	Geyam Geetanamasahasram Dhyeyam Shreepatiroopamajasram Neyam Sajjanasange Chittam Deyam Deenajanaaya Cha Vittam	16	Gurucharanambuja Nirbharabhaktah Samsaradachiradbhava Muktah Sendriyamanasaniyamadevam Drakshyasi Nijahridayastham Devam



Group II – Prayers and Slokas

Year 3

1	Food Prayers		
i	Brahmaarpanam Brahma Havir Brahmaagnau Brahmanaa Hutam Brahmaiva Tena Gantavyam Brahmakarmasamaadhina		
ii	Aham Vaishvaanaro Bhootva Praaninaam deham Aashritah Praanaapaanasamaayuktah Pachaamyannam Chaturvidham		
2	Deepam jyothi para-brahma Deepam jyothi paraayane Deepena harate paapam Sandhyaa deepam saraswati		