



Group II – Prayers and Slokas

Year 1

Bhagawad Gita – God & Avatar

1. **Ahamaatmaa Gudaakesha sarva bhootaashaya sthitah
Ahamaadishcha madhyam cha bhootanaam anta eva cha**
2. **Pashya me Paarthaa roopani shatasho-atha sahasrashah
Naanaa-vidhaani divyaani naanaa-varnaakrutini cha**
3. **Aham Vaishvaanaro Bhootva Praaninaam deham Aashritah
Praanaapaanasamaayuktah Pachaamyannam Chaturvidham**
4. **Yadaa yadaa hi dharmasya glaanir bhavati Bhaarata
Abhyutthaanam adharmasya tadaatmaanam srijami aham**
5. **Paritraanaaya saadhunaam vinaashaaya cha dushkrtaam
Dharma-sansthaapana-arthaaaya sambhavaami yuge yuge**

Bhagawad Gita – Bhakti & Karma

6. **Purushah sa parah Paarthaa bhaktyaa labhyas tva ananyayaa
Yasya antahsthaani bhootaani yena sarvam idam tatam**
7. **Santushtah satatam yogi yata aatma dridha nishchayah
Maya arpita mano buddhir yo mad bhaktah sa mey priyah**
8. **Sarva-dharmaan parityajya maam-ekam sharanam vraja
Aham tvaam sarva-paapebhyo mokshayishyaami maa shuchah**
9. **Man-manaa bhava mad-bhakto mad-yaajee maam namaskuru
Maam eva-eshyasi yuktaivam aatmaanam mat-paraayanah**
10. **Patram pushpam phalam toyam yo mey bhaktyaa prayachhati
Tad aham bhakti-upahritam ashnaami prayata aatmanah**
11. **Brahma arpanam brahma havir brahma agnou Brahmana hutam
Brahmaiva tena gantavyam brahma karma samaadhinaa**
12. **Yat karoshi yad ashnaasi yaj-juhoshi dadaasi yat
Yat tapasyasi Kaunteya tat kurushva mad arpanam**



Group II – Prayers and Slokas

Year 2

Bhaja Govindam

1.	Bhaja Govindam Bhaja Govindam Govindam Bhaja Mudhamate Samprapte Sannihite Kaale Nahi Nahi Rakshati Dukrinkarane	2	Balastavat Kreeda Sakthah Tarunastavat Taruneesakthah Vriddhastavat Chintasakthah Parame Brahmani Kopi Na Sakthah
3	Satsangatwe Nissangattwam Nissangatwe Nirmohatwam Nirmohatwe Nishchalatattwam Nishchalatattwe Jeevanmukthih	4	Twayi Mayi Chaanyatraiko Vishnuh Vyartham Kupyasi Mayyasahishnuh Bhava Samachittah Sarvatra Twam Vanchhasyachiradyadi Vishnutwam
5	Pranayaamam Pratyaharam Nityanityavivekavicharam Jaapyasameta Samadhidvidhanam Kurvavadhanam Mahadavadhanam	6	Kate Kanta Kaste Putrah Samsaroyamateeva Vichitrah Kasya Twam Kah Kutha Ayatah Tattwam Chinthaya Tadiha Bhratah
7	Dinayaaminyow Sayam Pratah Shishiravasantow Punarayatah Kalah Kreedati Gachchtyayuh Tadapi Na Munchathyasavayuh	8	Yogarato Vaa Bhogarato VaaSangarato Vaa Sangaviheenah Yasya Brahmani Ramate Chittam Nandati Nandati Nandatyeva
9	Bhagavadgeeta Kinchidadheeta Gangaajalalavakanika Peeta Sakridapi Yena Murarisamarcha Kriyate Tasya Yamena Na Charcha	10	Nalineedalagatha Jalamatitharalam Tadwajjeevitamatishtaya Chapalam Viddhi Vyadhabhimanagrastam Lokam Shokahatam Cha Samastham
11	Shatrou Mitre Putre Bandhou Maa Kuru Yatnam Vigrahasandhou Sarvasminnapi Pashyatmanam Sarvatrotsrija Bhedaajnanam	12	Arthamanartham Bhavaya Nityam Naasti Tatah Sukhalesah Sathyam Putradapi Dhanabhajam Bheetih Sarvatraisha Vihita Reethi
13	Punarapi Jananam Punarapi Maranam Punarapi Jananeejathare Shayanam Iha Samsare Bahudustaare Kripayaa paare Paahi Murare	14	Kamam Krodham Lobham Moham Tyaktwatmanam Pashyati Soham Atmajnana Viheenaa Mudaah Te Pachyante Narakanigoodhah
15	Geyam Geetanamasahasram Dhyeyam Shreepatiroopamajasram Neyam Sajjanasange Chittam Deyam Deenajanaaya Cha Vittam	16	Gurucharanambuja Nirbharabhaktah Samsaradachiradbhava Muktaah Sendriyamanasaniyamadevam Drakshyasi Nijahridayastham Devam



Group II – Prayers and Slokas

Year 3

1	Deepam jyothi para-brahma Deepam jyothi paraayane Deepena harate paapam Sandhyaa deepam saraswati	2	Food Prayers
3	iśā vāsyamidaṁ sarvam् yatkiñca jagatyāṁ jagat tena tyaktena bhuñjīthā mā gṛdhaḥ kasyasiddhanam		Brahmaarpanam Brahma Havis Brahmaagnau Brahmanaa Hutam Brahmaiva Tena Gantavyam Brahmakarmasamaadhina
4	Om Puurnnam-Adah Puurnnam-Idam Puurnnaat- Puurnnam-Udacyate Puurnnasya Puurnnam-Aadaaya Puurnnam-Eva-Avashissye Om! Shantih! Shantih! Shantih!		Aham Vaishvaanaro Bhootva Praaninaam deham Aashritah Praanaapaanasamaayuktah Pachaamyannam Chaturvidham